



the Shining Star



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Staying Fit & Having Fun

As fall approaches, our goal is to keep our Senior participants moving, smiling, and engaged in activities. Our Bingocize sessions continue to be a big hit. Combining bingo with light exercise and health education, this activity keeps both the body and mind active. We are also thrilled to introduce Drums Alive, our newest fitness program. This rhythmic exercise combines music, movement, and drumming to get your heart pumping. Integrating music and movement can improve physical health, cognitive, and emotional well-being. In light of the fall season, our centers ended October with our annual Halloween Party. From creative costumes to exciting stories, our seniors really brought the Halloween spirit to life. It was a spooktacular success.

Congratulations to our costume and story contest winners!



Supportive Services for Veteran Families

A powerful testament to the strength and resilience of the human spirit, Phillip Hudnall's journey is a powerful reminder that with determination and a little support from others, we can overcome even the greatest challenges.

Phillip started with the Supportive Services for Veteran Families Program in April 2024. He entered the program ready to take back control of his life. He secured housing, and within a week, he had successfully re-entered the workforce by obtaining employment. Mr. Hudnall continued to work hard, but one significant obstacle was still in his way: transportation. For months Mr. Hudnall walked to and from work daily, while saving every penny he could.

While holding on to the hope of finding a vehicle that would offer him more freedom and opportunities, Phillip's luck took a turn.



While walking home from work, Mr. Hudnall came across a vehicle that he noticed had been sitting on the street for some time. He took the chance and approached the owner to see if the car could be for sale. The owner offered Mr. Hudnall a deal that just so happened to be the exact amount he had saved to purchase a vehicle.

This was a major turning point for Phillip, but what makes this story so inspiring is that he completed this milestone on his own. SSVF does not purchase vehicles, licenses, or insurance, but SSVF supports veterans by assisting with breaking barriers of homelessness that will allow them to become more self-sufficient. Phillip's hard work and dedication made it happen. It was a moment that showed his incredible strength and independence.

Mr. Hudnall's success is a beacon of hope for anyone who has ever felt like they've hit rock bottom. He has exceeded all expectations, and his journey proves that no matter how far you fall, you can always find your way back to a place of strength, dignity, and success. He continues to inspire everyone who knows him, reminding us with a little perseverance and a lot of heart, anything is possible.

ARE YOU A LOW INCOME VETERAN FACING HOMELESSNESS?

Call Us at (304) 752-6868

Family Stabilization

In May 2025, PRIDE took a bold step toward expanding our mission by applying for the Community Services Block Grant (CSBG) to serve Kanawha County. Just one month later, PRIDE was thrilled to learn that the application had been approved! The same day, office space was secured within the American Job Center—our new home base in Kanawha County.

In that moment, our team jumped into action! Staff worked tirelessly to set up welcoming offices, brought new team members on board, connected with community partners, and residents. The energy and enthusiasm has been incredible as we continue to launch the CSBG Program in this new area. We could not be more excited to serve and support the people of Kanawha County. The opportunity to make a difference in the community has truly been a blessing. Our Kanawha County office opened its doors in mid-August, and since that time, we have proudly assisted over 150 low-income individuals and families with utility terminations, employment supports, and housing assistance. Through our Family Stabilization Program, we now offer comprehensive case management services that include financial literacy education, linkages to additional resources, support for educational goals, and housing assistance. The goal of this program is to empower clients to achieve lasting self-sufficiency.

As PRIDE continues to grow, we remain committed to building strong partnerships and creating pathways to success for those we serve. We are deeply grateful for the warm welcome we've received in Kanawha County and look forward to many more opportunities to uplift, empower, and inspire individuals and families in the years ahead.



Kari Boggs
CSBG Community
Development Specialist



Cheryl Vance
CSBG Administration
Specialist



Family Stabilization Program

426 Leon Sullivan Way, Charleston, WV 25301

Monday - Friday

9:00 AM - 4:00 PM

Phone: 304-752-6868 / Fax: 304-347-8572

Head Start

New Playground Equipment

New playground structures have been installed at both Chapmanville Primary & Buffalo Elementary. The vibrant new play areas encourage gross motor development and feature built-in educational elements such as shapes and rulers. They have quickly become favorites among the students, and allow teachers to extend learning beyond the classroom.



Enhanced Safety

Additionally, new intercom systems have been installed at the Logan Center, enabling teachers to identify and communicate with the visitors before they enter the building. This safety upgrade provides an added layer of protection for the children and staff.



Frog Street Curriculum

Head Start has also adopted the Frog Street curriculum, a research-based program designed to support early childhood development through engaging, age-appropriate learning experiences. In October, two Lead Teachers and the Education Manager attended the “Cruising the Country” Frog Street Conference in Columbus, Ohio, gaining valuable hands-on training and classroom strategies to support implementation.



In-Home Services



Alisha Tolliver began her career at PRIDE in May 2025 as an Aged and Disabled Waiver Case Manager. Alisha obtained her Bachelor of the Arts Degree from Lindsey Wilson College. She has an amazing daughter who is 13 years old with many talents. They love to shop, go out to eat, and enjoy family time. Alisha says that during her time here at PRIDE she has really enjoyed the opportunity to work with some amazing people within our community along with amazing staff. She looks forward to many years of working with PRIDE and helping those in need.

<u>Program</u>	<u>Eligibility</u>	<u>Services Provided</u>
Lighthouse	<ul style="list-style-type: none">• Must be 60+ years of age;• Meet medical eligibility based on an evaluation completed by the agency RN;• Financially eligible, determined by a sliding fee schedule	Provides support in four areas, including: personal care, mobility, nutrition, and environment
FAIR & IHIE	<ul style="list-style-type: none">• The person receiving care must have a diagnosis;• Must have an unpaid caregiver	Provide care & activities for individuals with Alzheimer's disease or a related dementia; and give family caregivers a break
Medicaid Personal Care	<ul style="list-style-type: none">• Must have three deficits in areas of daily living;• Must have Medicaid card	Perform activities of daily living and instrumental activities of daily living.
Aged & Disabled Waiver Program	<ul style="list-style-type: none">• Must first meet the criteria for both financial and medical eligibility;• Must have needs in at least five deficits in areas of activities of daily living	Case Management; Personal Attendant; Skilled Nursing; and Non-Medical Transportation; Personal Emergency Response System provided
VA Program	<ul style="list-style-type: none">• Must go through VA Program and be referred to PRIDE	Personal care services & help with activities of daily living.

Weatherization

In March 2025, Mrs. Hayes was approved for Weatherization services. Following her approval, an Energy Audit was conducted. As part of this audit, several diagnostic tests were completed, including a blower door test, which measures how much air leakage is present in a home. Additional testing assessed the efficiency of the heating system and ductwork to determine how effectively conditioned air was being delivered throughout the home.

The findings showed that both the heating system and sections of the ductwork in Mrs. Hayes' home required replacement. The primary goal of the Weatherization program is to lower the blower door test number and reduce duct system pressure reading. Lowering the blower door test, along with improving duct pressure readings, indicates a successful improvement in the home's overall energy efficiency.



The Energy Audit also identified several additional measures needed to enhance both energy efficiency and household safety. A vapor barrier was installed to prevent ground moisture from damaging insulation or other materials below the home. Smoke alarms, combination smoke/CO alarms, a dryer vent kit, and a ventilation fan meeting ASHRAE standards were also installed.

Upon completion of the Weatherization work, the final blower door was reduced, clearly demonstrating an improvement in the home's energy performance.

The Weatherization crew also reduced ductwork pan readings to below one, ensuring that air from the heating and cooling system is moving properly into the home rather than leaking underneath it. Mrs. Hayes was extremely pleased with the quality of work completed in her home.



As always, we remain committed to serving our community with excellence and take great PRIDE in the work we do.

Repair & Replacement Program

On October 23, 2025, Trumpet Heating and Cooling crew began the installation of Mr. Squillace's new heating and cooling system. The team quickly removed the old trunk line and installed a new pristine trunk to ensure good air flow. After the trunk was installed, the crew completed the install of an indoor furnace with matching outdoor AC condenser.



Mr. Squillace stated that the contractor crew was very professional and worked quickly to restore heat and air to his home. He is pleased with the new unit and happy that he will no longer have to rely on a small heater to heat his home.

Our RRP staff continues to provide professional services as they perform HVAC installations in our designated counties.

If you are in need of heating and cooling repair or replacement, contact Will Rogers — 304-752-6868 or will.rogers@loganpride.com



Human Resources

As our agency continues to grow and add new programs, we are actively looking for dedicated staff to join our PRIDE family.

If you or someone you know would like to apply, please visit PRIDE's website to complete an application.



Recently, PRIDE hired seven new employees. Joining us as Direct Care Workers were Mikayla Adams and Willie Hall.

Our Head Start program welcomed Demi Adkins and Amy Adkins as Family Advocates, Kyra Lee as a Substitute Teacher, and Andrea Depta as an Assistant Teacher / Transportation.

Joining the Weatherization Program as a Field Technician, was Ian Adkins.

We look forward to working with each new staff member and wish them much success in their journey.



To complete an application visit: www.loganpride.com

Need Help Finding Resources?



> Looking for help for you or your family?

Find Local Resources

Search our nationwide network for free or reduced-cost programs for food, housing, healthcare, support, transportation, education, legal support, and more – locally.

Connect Someone to Help

It's easy to refer others to social care programs, or for you to find help on your own.

1



Type in your ZIP Code on
findhelp.org.

2



Privately search by
category of services.

3



Connect with programs
that can help you!



It's free and easy to use.

- > View hours and locations
- > Find free and reduced-cost services
- > Apply for benefits

Is findhelp.org helpful? Share this with a friend!

Important Dates to Remember

December 5	Annual Winter Conference
December 24	Christmas Eve (PRIDE Closed)
December 25	Christmas Day (PRIDE Closed)
December 31	New Years Eve (PRIDE Closed)
January 1	New Years Day (PRIDE Closed)
January 19	Martin Luther King Jr. Day (PRIDE Closed)
January 27	PRIDE Board Meeting – Noon

A VERY SPECIAL
“THANK YOU”
TO OUR
DEDICATED
EMPLOYEES!



Did you
know...

Amazon donates to
PRIDE Community
Services Inc. when

you shop @AmazonSmile.

<http://smile.amazon.com/>

#YouShopAmazonGives

Choose PRIDE Community Services
(#NY927) for your

Healthy Habits Corner

- *Seek good nutrition.*
- *Cultivate social support.*
- *Eliminate stressors.*
- *Limit screen time.*
- *Engage in a hobby.*
- *Connect with loved ones.*

Board of Directors

Jeff Vallet / President

Vallet & Associates

Kathleen Mounts / Vice President

Early Education Advisor

Joseph Mendez / Secretary

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Low-Income Sector Representative

Christopher Zeto

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Head Start Policy Council

Harold Porter

Logan County Magistrate

Lisa Sigmon

Low-Income Sector Representative

Elizabeth Tackett

Private Sector Representative

Dwight Williamson

Senior Advisory Representative

Tonya Williamson

Woodforest Bank

Christopher Workman

Family Court

Dana Wright

Private Sector Representative

Funding Sources

- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. of Energy (DOE)
- Dept. Of Health and Human Resources (DHHR)
- United States Dept. of Agriculture (USDA)
- United States Dept. of Veteran Affairs (VA)
- WV Bureau of Medical Services
- WV Bureau of Senior Services (BOSS)
- WV Community Action Partnership
- WV Department of Education
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- West Virginia Metro Area Agency on Aging (Metro AAA)

Services Offered:

Case Management: The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Kathy Stidham / Director

CSBG (Community Service Block Grant): To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient. Now serving Logan & Kanawha Counties.

- Brandi Browning / Director

Family Stabilization Program: Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

- Brandi Browning / Director

Head Start: Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Laura Herndon / Director

Weatherization Program: Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Emergency Repair and Replacement Program (ERRP) and Weatherization Program.

- Stephen Gilman / Director

In-Home Services Program: In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Stidham / Director

Senior Services: Offers services to persons with disabilities and the aging population of Logan County.

- Kathy Stidham / Director

Supportive Services for Veteran Families: Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Timothy Mills / Coordinator

Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



Empowering Lives. Strengthening Communities.

PRIDE Community Services

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Charleston, WV 25301

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How Can I Help?

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our web-site.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.