



# the Shining Star



## Contents:

Page 1  
Cover Story

Page 2  
CACFP

Page 3  
Human Resources

Page 4  
Head Start

Page 5  
SSVF

Page 6  
ERRP

Page 7  
Senior Services

Page 8  
Emergency Services

Page 9  
Weatherization

Page 10  
Important Dates

## WELCOME TO LOGAN!

SSVF Coordinator, Eddie Thompson received a call from Mr. Mitchell Haney around the first week of September. Mr. Haney had been referred to the SSVF program by a friend, who suggested the SSVF program could possibly assist with getting him stable housing. Mr. Haney, along with his fiancé and infant daughter, had been staying at the City Mission in Huntington WV. Mr. Haney stated that his family was okay staying at the City Mission for a bit longer, but they would need to find stable housing soon.

During the conversation with Eddie, Mr. Haney shared he had previously worked in the coal mines in Kentucky and had his black hat card. Further, Mr. Haney shared that he was working on getting his West Virginia black hat card, also. Eddie discussed a few next steps with Mr. Haney, which included getting his driver's license and helping him find a job back in the mining industry, if that was what he wanted.

Eddie brought Mr. Haney and his family to Chapmanville and put them in a hotel, while they looked for housing. Soon after, Eddie came into contact with a local landlord that had a rental available the first of October. Eddie took Mr. Haney and his family to see the apartment and they signed the lease. The SSVF program was able to help cover the cost of the deposit and the first month's rent.

Mr. Haney and his family are now off the streets, stably housed and case management is ongoing. Welcome to Logan, Mr. Haney & family!



# Child and Adult Care Food Program

## TOMATO SOUP

### Ingredients

- 1 ½ cup or 6 oz Fresh onions, diced
- 1 ½ tsp Garlic powder
- 2 cup or 1 lb 4 oz Canned plum tomatoes, undrained
- 3 ¼ cup Water
- ½ tsp Low-sodium chicken base
- 2 ¼ tsp Dried basil
- ¼ tsp Ground black pepper
- 1 tsp Sugar
- ¼ cup or 2 oz Canned no-salt-added tomato paste
- 2 Tbsp or 1 oz Margarine, trans fat-free



*Prepare for a timeless taste of nostalgia!*

### Directions

1. In a medium saucepan, add onions, garlic powder, tomatoes, water, chicken base, basil, black pepper, and sugar.
2. Bring to a boil, then reduce heat to medium.
3. Add tomato paste.
4. Simmer uncovered over medium heat for 7 minutes. DO NOT OVER COOK.
5. Remove from heat and transfer all ingredients from saucepan to a high-speed blender and blend at high speed for 60 seconds or until mixture has a smooth consistency.
6. Return the mixture to the saucepan.
7. Add margarine. Simmer uncovered over medium heat for 2-3 minutes. Stir well.
8. Critical Control Point: Heat to 140 °F or higher for at least 15 seconds.
9. Pour soup into large soup bowl.

*CACFP Home Child Care Crediting Information: 1 cup (1 cup measuring cup) provides ⅝ cup vegetable (½ cup red/orange vegetable, ⅛ cup other vegetable).*

*If interested in our Child and Adult Care Food Program,  
please contact Brandi Browning at 304-752-6868 or  
brandi.browning@loganpride.com.*

# Human Resources

During the third quarter of 2023, our agency enjoyed a great Halloween with our Head Start children, seniors, and staff. Staff and seniors competed in Halloween costume contests. Taking first place in the staff competition was the Head Start Family Advocate Office (*Wizard of Oz*), second place was the Head Start Admin Office (*Disney characters*), and third place was the Finance Office (*All that and a bag of chips*). Prizes consisted of a paid office lunch and PTO hours. Our senior participant winners were awarded various prizes. We look forward to the upcoming holidays with our PRIDE family.



# Head Start



## 4 BENEFITS OF HEAD START PROGRAMS

- ✓ Programs provide parenting support and strategies.
- ✓ Programs engage parents as their child's lifelong advocate.
- ✓ Programs encourage learning through play, creative expression, and guided activities.
- ✓ Programs assist with mental health services for children and families, as needed.

# Supportive Services for Veteran Families

**Veterans  
Crisis Line**



**DIAL 988 then  
PRESS 1**

## 24/7, confidential crisis support for **Veterans and their loved ones**

If you're a Veteran in crisis or concerned about one, reach caring, trained responders 24 hours a day, 7 days a week.

When you call the Veterans Crisis Line, here is what you can expect:

- A qualified responder will answer your call, ready to listen and help.
- The responder will ask a few questions, such as whether you or the Veteran you're concerned about may be in immediate danger or at risk for suicide.
- The conversation is free and confidential, and you decide how much information to share.
- Support doesn't end with your conversation. Our responders can connect you with the resources you need.

You don't have to be enrolled in VA benefits or health care to connect.



Scan the QR code to download  
**Veterans Crisis Line** resources.

You're not alone—  
the **Veterans Crisis Line** is here for you.



Dial 988  
then Press 1



Chat online at  
[VeteransCrisisLine.net/Chat](https://VeteransCrisisLine.net/Chat)



Text  
838255



U.S. Department  
of Veterans Affairs

# Emergency Repair and Replace Program

In October, PRIDE Community Services' ERRP crew began the installation of Mrs. Hunter's new heating and cooling system. This job was a complete replacement of an old system and partial duct work replacement.



During the install, the ERRP crew repaired the duct system that was in place, installed a new package heating and cooling system and installed a new thermostat. The crew also replaced all necessary floor registers and smoke alarms. Mrs. Hunter stated the crew worked quickly to restore the heat to her home.

Many hours went into the planning, purchasing and installation of the unit, but our crew remained motivated to finish the task. As we continue to perform HVAC installations in our designated counties, we will continue to use PPE to protect our clients and ourselves.



*For more information regarding our Emergency Repair and Replacement Program contact*

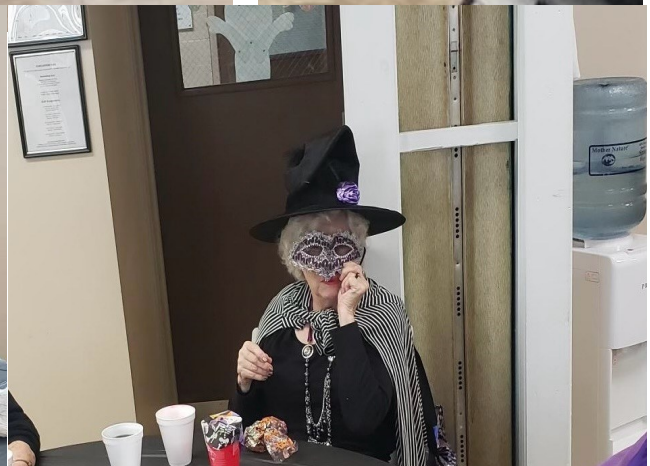
**Kenneth Sullins 304-752-6868 or [Kenneth.Sullins@loganpride.com](mailto:Kenneth.Sullins@loganpride.com)**

**Will Rogers 304-752-6868 or [Will.Rogers@loganpride.com](mailto:Will.Rogers@loganpride.com)**

# Senior Services

Over the past couple months, PRIDE's Senior Centers have engaged in several different activities. First, the seniors from our Earl Jarvis Center participated in the Logan High homecoming parade. Next, all three centers came together for PRIDE's annual picnic. At the picnic, seniors enjoyed fun games, interaction with each other and wonderful food prepared by the senior staff. Later in the month of October, the seniors from the three centers carved pumpkins that were displayed at the Logan Pumpkin House for Halloween. The Earl Jarvis Center had their Halloween party with fun games and treated PRIDE's Logan Center Head Start children, while dressed in their costumes. The seniors at PRIDE's congregate centers love to get out and enjoy some fun.

Seniors from the Earl Jarvis and Tracy Vickers Center attended "The Best Christmas Pageant Ever" show presented by The Aracoma Story, Incorporated. The Tracy Vickers Center also attended the Trans-Siberian Orchestra performance at the Charleston Civic Center. Each week the center engages in different activities such as bingo, movies and popcorn, crafts and much more. We encourage anyone that is 60 or older to come to one of the centers for some good food, fun activities, and interaction with others.



# Emergency Services

## TIPS TO SAVE ON MONTHLY WATER BILLS

- o Install faucet aerators in all sinks.
- o Fix or replace faucet and toilet leaks.
- o Don't let the water run while brushing your teeth or washing dishes.
- o Don't wait for the water to run cold. Instead, store water in the refrigerator.
- o Take showers instead of baths and take shorter showers.
- o Install water-saving shower heads.
- o Use low-flow toilets and urinals or displace water in tanks with plastic jugs filled with water or pebbles.
- o After flushing the toilet, make sure the valve has closed and water is not running.
- o Only use washing machines and dishwashers when there is a full load.
- o Scrape plates clean instead of rinsing.
- o Use low-volume washing machines.
- o Wrap water heaters with insulation.
- o Limit watering of outdoor plants and landscaping.
- o Water outdoor plants and landscaping in the evening.
- o Use rain barrels to collect rainwater to use for plants and landscaping.
- o Incorporate native plants into landscaping. They adapt better to the climate.
- o Landscape with no or low water consuming plants.
- o Use mulch around plants and trees to reduce water evaporation.

*For more information regarding our Emergency Services Program, contact*  
**Brandi Browning 304-752-6868 or [brandi.browning@loganpride.com](mailto:brandi.browning@loganpride.com)**



# Weatherization



Mr. and Mrs. Cline submitted their application for Weatherization after hearing about our services from other community members that had received Weatherization. At the time of submitting their application the Clines had an active roof leak. After waiting for the appropriate funding, we were able to use Weatherization Readiness Funds to repair their roof so Weatherization could be done. Upon completion of the roof repair, an Energy Audit was completed. An auditor visited the home to conduct tests and best determine what measures would help lower the energy burden of the home. The main test conducted was a blower door reading. During this test the home is de-pressurized, and air is moved across a fan. This gives a CFM reading and tells exactly how many and how expansive air leakage is. The Clines had a reading of almost 3,000 CFMs which is a very high reading. A lead test also had to be performed due to the age of the home. After all data was collected and the blower door test was completed, the Energy Auditor entered all information into a computer program and produced a work order detailing what measures could be done to make the home more energy efficient.

Once the work order was produced, the Weatherization crew gathered the materials and began work. For this home, the “belly”, which is what holds insulation in place was in bad condition. All the belly and outriggers were replaced with new material and insulation was blown to capacity. Insulation is a great material to hold heat/cool air to make the home’s heating and cooling system run more efficiently and not be burdened with constant running. Other measures included applying mastic to the vents to ensure air moving through the trunkline goes directly into the house and not leaking underneath the home. This also lowers the burden on the heating and cooling system.

Some health and safety measures were completed, including installing Smoke/CO detectors and a new dryer vent kit to properly vent to the outside of the home. Dryer vents can be especially dangerous if lint build up is present and not properly vented.

Overall, we were able to greatly reduce the air leakage rate of the home and make a healthier environment for the Clines. They were extremely grateful for all the work that had been done. Our team is always excited to see the client pleased.



## Important Dates to Remember

December 25 & 26	Christmas Holiday (PRIDE Closed)
January 1 & 2	New Years Holiday (PRIDE Closed)
January 15	Martin Luther King Day (PRIDE Closed)
January 26	No School—Pre-K Closed
January 30	Board of Director's Meeting—Noon
February 19	President's Day (PRIDE Closed)
February 27	Board of Director's Meeting—Noon

ARE YOU A LOW INCOME VETERAN FACING HOMELESSNESS?

Contact Eddie Thompson

**Call Us at (304)752-6868 or (304)784-0677**

A VERY SPECIAL  
“THANK YOU”  
TO OUR  
DEDICATED  
EMPLOYEES!



Empowering Lives. Strengthening Communities.



Did you know...

Amazon donates to PRIDE Community Services Inc. when you shop @AmazonSmile.  
<http://smile.amazon.com/>  
#YouShopAmazonGives

Choose PRIDE Community Services (#NY927) for your Kroger Community Rewards

## Board of Directors

### **Jeff Valet / President**

Valet & Associates

### **Kathleen Mounts / Vice President**

Early Education Advisor

### **Joseph Mendez / Secretary**

Logan County Magistrate

### **John Turner / Treasurer**

Logan County Clerk

### **Vacant**

Mayor—City of Logan Representative

### **Dwight Williamson**

Logan County Magistrate

### **Christopher Workman**

Family Court

### **Amber Blankenship**

Low-Income Sector Representative

### **Vacant**

Head Start Policy Council

### **Pat Lykens**

Senior Advisory Representative

### **Lisa Sigmon**

Low-Income Sector Representative

### **Crystal Rogers**

Senior Advisory Representative

### **Dana Wright**

Private Sector Representative

### **Dr. Michael Johnson**

Private Sector Representative

### **Tonya Williamson**

Woodforest Bank

## Funding Sources

- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. of Energy (DOE)
- Dept. of Health and Human Resources (DHHR)
- United States Dept. of Agriculture (USDA)
- United States Dept. of Veteran Affairs (VA)
- WV Bureau of Medical Services
- WV Bureau of Senior Services (BOSS)
- WV Community Action Partnership
- WV Department of Education
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- West Virginia Metro Area Agency on Aging (Metro AAA)

# Services Offered:

**Case Management:** The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Kathy Stidham / Director

**Child & Adult Food Care Program (CACFP):** Offers food reimbursement and training to in-home family daycare providers.

- Brandi Browning / Director

**CSBG (Community Service Block Grant):** To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Director

**Family Stabilization Program:** Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

- Brandi Browning / Director

**Head Start:** Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Chanda Elkins / Director

**Housing Program:** Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Emergency Repair and Replacement Program (ERRP) and Weatherization Program.

- Stephen Gilman / Director

**In-Home Services Program:** In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Stidham / Director

**Senior Services:** Offers services to persons with disabilities and the aging population of Logan County.

- Kathy Stidham / Director

**Supportive Services for Veteran Families:** Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Eddie Thompson / Coordinator

## Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

## Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



**Empowering Lives. Strengthening Communities.**

PRIDE Community Services  
699 E. Stratton St.  
Box 1346  
Logan, WV 25601  
Phone: (304)752-6868  
Fax: (304)752-1047  
E-mail: [pride@loganpride.com](mailto:pride@loganpride.com)

[WWW.LOGANPRIDE.COM](http://WWW.LOGANPRIDE.COM)  
Visit us on Facebook!

### *How Can I Help?*

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.